

Coordinator's Notes for Personal Goals

Spirit: classes, conferences, mission activities, church involvement, giving of time and finances, books, bible studies, bible reading, etc.

Soul: job, finances, marriage, family, hobbies, housing, etc.

Body: health, diet, grooming, sports, etc.

What is a goal?

A goal is something that is written down, clearly defined, ardently desired, and you are committed to achieving it

Incorporate your passions, desires, needs, wants, strengths (foundation stones), weaknesses (building blocks), gifts, experience and/or lack thereof into attainable goals.

- you need to have a formula for success
- to be the best that you can be for God
- to fully understand God's plan for your life
- to help others to do the same
- to live now with the hope of Christ's return as your motivation
- have fun living life with and for God, this is exciting

What is the goal clearly defined?

Is it attainable?

Is it a short range, mid range, or long range goal?

How am I going to get there? What action will I need to take?

What resources am I going to need? (include relationship building)

What scriptures will I use?

What are some of the obstacles I may come up against?

Am I passionate about achieving this goal?

Am I committed enough so as not to quit before the goal is attained?

Keys to Success

- pray asking God for guidance and wisdom
- work your plan
- use the failures that you encounter along the way as stepping stones
- don't entertain negatives in your mind! turn negative thoughts into positive thoughts! thoughts result in actions!
- don't confess negatives
- words are containers of power; confess positives
- meditate on your scriptures
- verbalize your scriptures
 1. helps to build faith
 2. will put things in motion
 3. will activate spiritual power
- set mini goals or milestones within the ultimate goal to build a positive attitude
- track your progress daily;
- make action adjustments as needed along the way
- keep a journal